

# Food & Nutrition

The team behind *Food & Nutrition Magazine*® aims to amplify the voices of people of color and other underrepresented individuals in nutrition and dietetics and highlight the experiences of RDNs, NDTRs, dietetic interns and nutrition and dietetics students. Our goal is not only to stand in solidarity, but also help inform our readers and increase awareness about the importance of diversity in the field of nutrition and dietetics. We know it's not enough, but we hope it's a step in the right direction that will support meaningful conversations and a positive change in the profession.

Are you an Academy of Nutrition and Dietetics member interested in sharing your story?

If so, please adhere to these guidelines:

- Discuss your experience in dietetics as a person of color or person from an underrepresented group. This could be anything from describing a specific moment in your career to explaining why you decided to become an RDN or NDTR and struggles you've encountered. You can view previous posts for inspiration [here](#).
- About 400 to 500 words in length
- Submit your story in a Word document to [StoneSoup@eatright.org](mailto:StoneSoup@eatright.org) along with:
  - A short bio (around 100 – 150 words)
  - A headshot for your bio
  - A high-resolution horizontal photo of yourself for the feature photo (can be same as bio if it's horizontal)

There is no deadline. We will continue to accept and post stories on a rolling basis. If your story is featured, you will have the opportunity to review and approve the post before it is published.

Please direct any questions to [StoneSoup@eatright.org](mailto:StoneSoup@eatright.org).

We look forward to hearing from you!

Sincerely,

*Food & Nutrition Magazine*®