

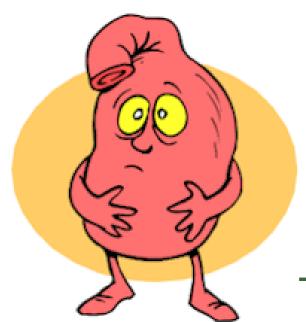
## Pulling it all Together

Carrie Kiley, MBA
Senior Director, Affiliate and Practice
Leader Relations

ckiley@eatright.org 312-899-4778



Overwhelmed Determined

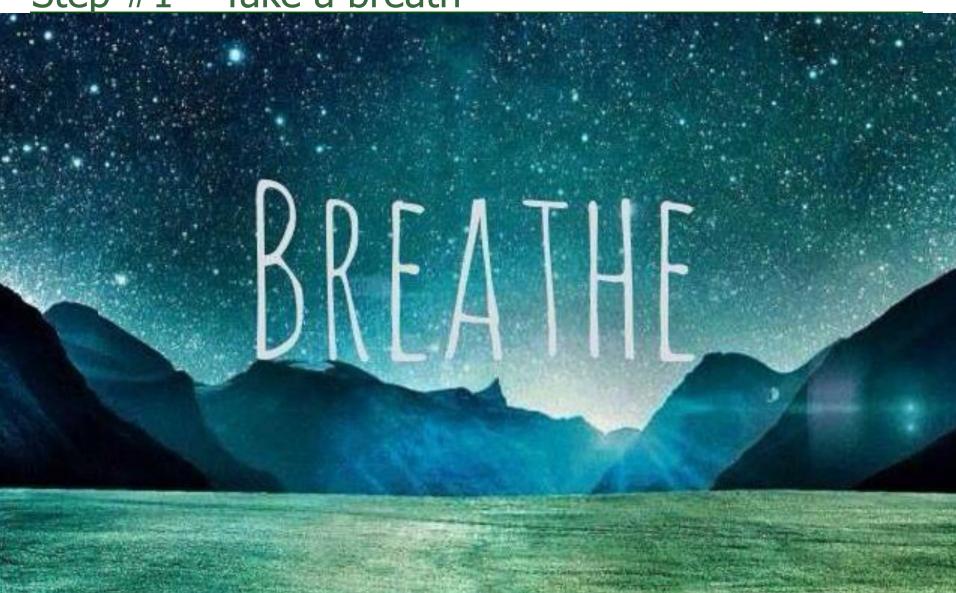


Behind Schedule Motivated

Not Ready Excited Too Much To Do
Ready to Motivate
My Team



Step #1 – Take a breath





#### Step #2 – Your Assessment



# Step #3 – Other's Perceived Needs Academy of Nutrition and Dietetics



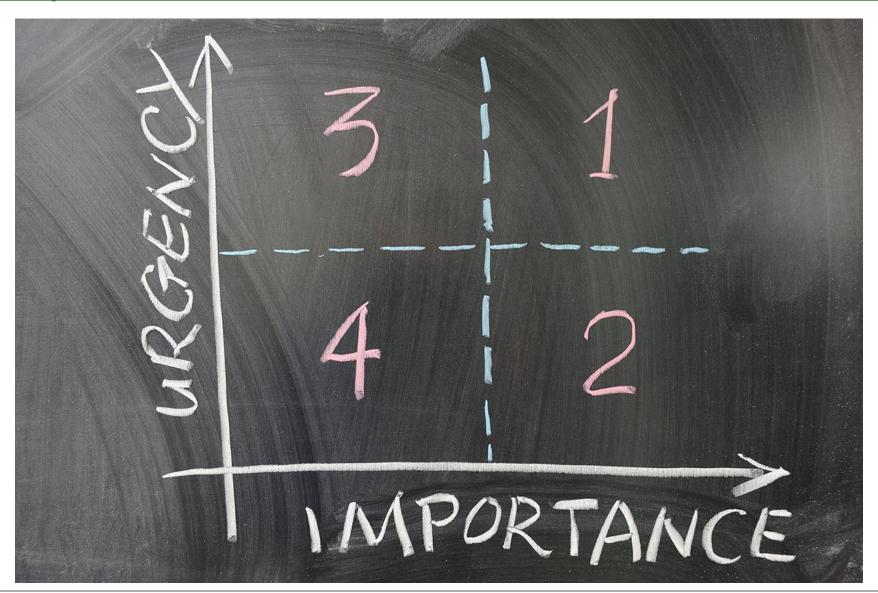


### Step #4 – Identify Areas of Work





#### Step #5 – Prioritize/Timeline









#### Step #7 – Project Management





### Step #8 – Evaluate and Adjust







