Nutrition Focused Physical Exam Hands-On Training Workshop

“I feel much more comfortable and confident in what I am looking for when I am touching the patient. In my first day back I performed NFPE on 2 patients and found one to be malnourished. Thanks for an excellent day of training!” – RDN participant from St. Louis, Missouri

Workshop Objectives

- Recognize the role of Nutrition Focused Physical Exam (NFPE) in identifying malnutrition
- Assess muscle wasting and fat loss
- Evaluate the presence of edema or fluid accumulation
- Identify clinical signs of micronutrient deficiencies and toxicities
- Measure functional status using handgrip strength dynamometer
- Demonstrate basic NFPE skills with actual patients

Fee

- $400 for Academy members / $450 for nonmembers (EARLY BIRD) (Additional $50 after Early Bird Deadline)
  - Includes:
    - Full Day Hands-on Training
    - Pre-Workshop Material
    - Trainer Demonstrations
    - Medical Penlight
    - Post-Workshop Support
  - NFPE Pocket Guide
  - NFPE Patient/RDN Script
  - NFPE Skills Assessment
  - NFPE Training Guidelines
  - Breakfast and Lunch

To register for a workshop or view scheduled NFPE workshops, visit http://www.eatrightpro.org/resource/career/professional-development/face-to-face-learning/nfpe-workshop

Information on being an NFPE Host Site
Interested in being a host site or NFPE Workshop Trainer, visit http://www.eatrightpro.org/resource/career/professional-development/face-to-face-learning/hosting-nfpe-workshop

Questions? nfpe@eatright.org